



## FACT SHEET

### WHAT WE OFFER

Swimming lessons and coaching sessions for children and adults. From learn-to-swim for young children at one venue (see below) through all subsequent ability levels up to and including those who compete at County level. All our teachers and coaches are DBS registered. Children are taught using Swim England's Learn-to-Swim (Stages 1-7) and Aquatic Skills (Stages 8-10) frameworks.

### WHERE

We swim at the Wave Leisure pools in Lewes, Newhaven, Ringmer and Seaford Head

### WHEN (*during term-time*)

<b>Monday</b>	5.15 to 6.15 p.m.
Seaford Head	30-minute sessions (learn-to-swim only)
<b>Monday</b>	6.00 to 8.00 p.m.
Ringmer	30, 60 & 90-minute sessions
<b>Tuesday</b>	6.30 to 8.00 p.m.
Ringmer	30, 60 & 90-minute sessions
<b>Wednesday</b>	7.00 to 8.00 p.m.
Seaford Head	60-minute session
<b>Thursday</b>	6.30 to 9.00 p.m.
Lewes	30, 45 & 60-minute sessions
<b>Friday</b>	5.30 to 8.45 p.m.
Seaford Head	45, 60 & 90-minute sessions
<b>Sunday</b>	5.45 to 8.00 p.m.
Newhaven	45, 60, 75 & 90-minute sessions

### FEES

We offer a free taster session. The first term's (pro-rata) fees, together with a £15 Joining Fee are then payable. Fees per person per 12-week term are:

#### ***Weekly Swimming – Single Session***

30-minute session	£46
45-minute session	£56
60-minute session	£64
75-minute session	£71
90-minute session	£75

#### ***Weekly Swimming – Multi-Session***

Any 2 sessions	£109
Any 3+ sessions	£143

### WHO TO CONTACT

For more information and/or to organise a free taster session, contact:

Caralynne Ledingham	<b>07503 018610</b>
Trixie Nisbet	<b>01273 582629</b>

Email: [info@lewesswimmingclub.org](mailto:info@lewesswimmingclub.org)

or complete the 'Contact Us' page of our website



# Lewes Swimming Club

President: Mick Burt



## COMBINED APPLICATION FORM – LEWES SWIMMING CLUB & SWIM ENGLAND

### ALL APPLICANTS (ALL items MUST be provided, including e-mail address)

Surname/Family name		Forename	
Middle Name(s)		Preferred Name	
Date of Birth		Swim England No. (if known)	
Contact Mobile No.		Male or Female:	<b>M / F</b>
Contact E-mail Address <b>(MANDATORY)</b>			
Medical Conditions, Disabilities and Behavioural Issues <i>(that swimming teachers should be aware of)</i>			
Name of School/College			

### FOR UNDER-18s only (TWO contact details MUST be provided, ONE of which MUST be a parent/guardian)

[Father's] Surname		[Father's] First Name	
[Mother's] Surname		[Mother's] First Name	

### ALL APPLICANTS (ALL items MUST be provided)

Address Line 1			
Address Line 2			
Postal Town		Post Code	
Landline Phone No.			

### FOR UNDER-18s only (TWO contact details MUST be provided, ONE of which MUST be a parent/guardian)

[Father's] Work Phone No.		[Father's] e-mail address (optional)
[Father's] Mobile No.		
[Mother's] Work Phone No.		[Mother's] e-mail address (optional)
[Mother's] Mobile No.		

### CLUB MEMBERSHIP OPTION (please circle your response)

Permission to use photographic images of the swimmer for publicity purposes only?	<b>Yes / No</b>
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- I acknowledge receipt of the rules of Lewes Swimming Club and confirm my understanding and acceptance that such rules (as amended from time to time) shall govern my membership of the club.
- I further acknowledge and accept the responsibilities of membership as set out in those rules.
- I agree to abide by the rules of ASA Swim England / British Swimming and ASA Swim England's code of conduct.
- I will pay all swimming fees by Internet Banking or PayPal as and when they fall due and agree to pay a late payment fee should I not do so.
- I agree that the club may send me details of all its swimming activities by email, SMS or letter.
- I acknowledge receipt of both the Club's privacy policy and Swim England's Privacy Policy.

SIGNATURE, BUT IF UNDER 18: SIGNATURE OF PARENT/GUARDIAN	Date:
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### POOL COORDINATOR - PLEASE COMPLETE THIS SECTION BEFORE SENDING

CHECKLIST	TASTER DATE	POOL	DAY	START & FINISH TIMES	£
E-MAIL & TWO CONTACTS				-	
STARTER PACK GIVEN				JOINING FEE	15
PULL-BUOY GIVEN				TOTAL TO PAY	